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It's against the rules for a Guardian to fall in love with their mortal charge, but it's too late for Seth, the supernatural playboy assigned to look after Genesis Green. Because the night Genesis crawls from the wreckage of her boyfriend's totaled SUV, just before she slips into the darkness, Seth calls out to her, promising everything will be okay. It's this mysterious voice that pulls Genesis back from the brink, and when Seth finally steps into her world, Genesis is just as drawn to him as he is to her. When she begins having strange visions—something she attributes to the head trauma she suffered from the accident—the Guardian Council, an otherworldly force of good, reaches out, asking for her help. The goal? To minimize or undo the damage the Diabols are inflicting upon her seaside town. But with her visions growing increasingly unreliable and her behavior more reckless by the day, Seth is finding it harder and harder to keep her safe, especially from herself, and losing her would be the end of him. What happens when the line between reality and the celestial becomes so blurred it's impossible to determine who's real and who's otherworldly, and worse: who's good and who's evil? With her life and soul on the line, Genesis will suffer the greatest sacrifices imaginable to put an end to the evil threatening her world—and it isn't the evil she was anticipating. Fans of the Twilight and Hush, Hush sagas will revel in this epic urban fantasy trilogy detailing a battle that has raged for millennia in a series that has been called "intense, action-packed, and romantic in every way possible." The Trilogy: The Guardian, Vendetta, and Revelation is a 3-book collection (over 165k words/650 pages). Bonus Material includes an Interview with Katie Klein, and "In the Beginning," a re-telling of Carter and Genesis's car accident from Seth's point of view. Download 3 Books in 1 Today! Keywords: guardian/bodyguard romance, angels and demons, urban fantasy, paranormal love, YA coming of age, dystopian love story Reviews "A real page-turner." —Francie "Couldn't put it down. [Katie Klein] makes her books well worth reading!" —Michelle "Amazing!" —Jamie "Crazy, fun, exciting, and imaginative." —A-K Book Club "Hard to put down. I highly recommend." —Michele "Intense." —Melly "Gripping." —Addy "Brilliant!" —Angeline "The perfect combination of suspense, romance, sacrifice, and friendship." —Jessica "Get your tissues ready." —Debi "Action, suspense, passion...and the ending! ...Truly an amazing read." —Telly Simple, rhyming text expands on the familiar nursery rhyme as Curious George prepares for a birthday party. An essential resource for parents-to-be from the Mayo Clinic, ranked #1 on US News & World Report's 2020-2021 Best Hospitals Honor Roll. This newly updated book includes information on everything from healthy lifestyle habits to the latest technologies in prenatal care and childbirth. Features include week-by-week updates on baby's growth, as well as month-by-month changes that mom can expect. In addition, you'll find a forty-week pregnancy calendar, an overview of common pregnancy symptoms, information on safe medicine use, tools to help parents with important pregnancy decisions, and general caregiving advice—information moms and dads can trust to help give their little ones a healthy start. The second edition of Mayo Clinic Guide to a Healthy Pregnancy is the collective effort of a team of health care experts who find nothing in medicine more exciting and satisfying than the birth of a healthy child by a healthy mother. Any parent-to-be looking for accurate and authoritative information from a reliable source will surely appreciate this illustrated, easy-to-understand book. Now that Duck is big, he learns how to use the potty. Perfect for expecting parents who want to provide a soothing home for the newest member of their family, The Happiest Baby on the Block, the national bestseller by respected pediatrician and child development expert Dr. Harvey Karp, is a revolutionary method for calming a crying infant and promoting healthy sleep from day one. In perhaps the most important parenting book of the decade, Dr. Harvey Karp reveals an extraordinary treasure sought by parents for centuries --an automatic "off-switch" for their baby's crying. No wonder pediatricians across the country are praising him and thousands of Los Angeles parents, from working moms to superstars like Madonna and Pierce Brosnan, have turned to him to learn the

secrets for making babies happy. Never again will parents have to stand by helpless and frazzled while their poor baby cries and cries. Dr. Karp has found there IS a remedy for colic. "I share with parents techniques known only to the most gifted baby soothers throughout history ...and I explain exactly how they work." In a innovative and thought-provoking reevaluation of early infancy, Dr. Karp blends modern science and ancient wisdom to prove that newborns are not fully ready for the world when they are born. Through his research and experience, he has developed four basic principles that are crucial for understanding babies as well as improving their sleep and soothing their senses: ·The Missing Fourth Trimester: as odd as it may sound, one of the main reasons babies cry is because they are born three months too soon. ·The Calming Reflex: the automatic reset switch to stop crying of any baby in the first few months of life. ·The 5 "S's": the simple steps (swaddling, side/stomach position, shushing, swinging and sucking) that trigger the calming reflex. For centuries, parents have tried these methods only to fail because, as with a knee reflex, the calming reflex only works when it is triggered in precisely the right way. Unlike other books that merely list these techniques Dr. Karp teaches parents exactly how to do them, to guide cranky infants to calm and easy babies to serenity in minutes...and help them sleep longer too. ·The Cuddle Cure: the perfect mix the 5 "S's" that can soothe even the most colicky of infants. In the book, Dr. Karp also explains: What is colic? Why do most babies get much more upset in the evening? How can a parent calm a baby--in mere minutes? Can babies be spoiled? When should a parent of a crying baby call the doctor? How can a parent get their baby to sleep a few hours longer? Even the most loving moms and dads sometimes feel pushed to the breaking point by their infant's persistent cries. Coming to the rescue, however, Dr. Karp places in the hands of parents, grandparents, and all childcare givers the tools they need to be able to calm their babies almost as easily as...turning off a light. From the Hardcover edition. This is not said lightly—this boxset WILL help you to be happy no matter what. · Do you struggle to get out of bed each morning? · Do you feel anxious, stressed and overwhelmed every single day? · Have you got a fairly decent life... and still feel something is missing? This Rebelliously Happy 3-in-1 Collection has the wisdom and tools to help you become less busy and distracted and instead focus on being rebelliously happy. Follow the short, chunked down chapters in this boxset to: · find out how to control your thoughts so they work for you · use natural daily rituals to feel in control in this uncertain time · learn a simple three-step process for handling your emotions better · bust myths around meditation and learn how to do it easily every day · discover how breathing the right way can change your life (yes, really!) · reclaim all that fun, love and energy you know you still have deep inside you Rediscover Your Sparkle will give you all the ingredients you need to create a delicious and simple recipe to rediscover your sparkle. It will: · provide compelling reasons why a gratitude practice is a game changer · upgrade your joy to a level that most people cannot fathom · explain why being extraordinary is your birth right What's stopping you from being the happy person you want to be? Not when the 'time is right', but today. 'Love, love, love this book! I have a ladies group on Facebook so that we can all read it together and start doing the challenges in the book as well. Probably one of the best feel-good self-help books I've read!' Crappy to Happy will give you the simplest and easiest ways to tap into your inner wisdom and remember how to love your life. It explains: · the three tiers to ultimate happiness and fulfilment · how a few simple tweaks to your mindset, language and physiology have the power to take your daily life from crappy to happy Don't wait to struggle through another crappy day to read this book! 'I like the daily and weekly challenges and it's the best approach to starting meditation that I've read.' Embrace Your Awesomeness will encourage you to clear away your learned negative thought patterns and simply be the best person you were born to be. It is not about fixing you as you are not broken. It is about becoming the real you. It also will help you: · act confidently even if you have low self-esteem · love yourself even though that may sound excruciating · learn how to overcome perfectionism, procrastination and people pleasing Imagine being at your absolute optimum no matter what. It's time to get out of your own way. 'Amusing anecdotes, very poignant observations and simple yet out-of-the-box instructions got me back on track to experience a more fulfilling life!' What's stopping you from being the rebelliously happy person you deserve to be? To add some much-needed fun, joy and cheer back into your life, buy this boxset today. Revised and updated in 2020 The creator of Twiniversity delivers an essential update to her must-have manual to having twins, now with expanded info on twin pregnancy and tandem breastfeeding, and advice on the best gear to help save your sanity. With almost two times as many sets of twins today as there were forty years ago, What to Do When You're Having Two has quickly become the definitive resource for expectant and new parents of multiples. A mom of fraternal twins and a world-renowned expert on parenting multiples, author Natalie Diaz launched Twiniversity, the world's leading global resource for twin parenting information and support online. Now, with her expanded edition of What to Do, she includes new information on breastfeeding, gear, sleep, and having two when you already have one, as well as: • creating your twin birth plan, • maintaining a realistic sleep schedule, • managing tandem breastfeeding, • stocking up on what you'll need (and knowing what high-tech products are now available and what's a waste of money), and • building a special bond with each of your twins. Accessible, informative, and humorous, What to Do When You're Having Two is the must-have manual for every parent of twins. Lt. Charles Zimmermann was a legendary commander of the United States Naval Academy Band. He was in the habit of composing a march for each class (in which Anchors Aweigh is included) and this tuneful six-eight offering was his gift to the class of 1902. Winner of a Lowell Thomas Award from the Society of American Travel Writers Foundation, the Gold Prize from the North American Travel Journalists Association, and a Silver in the National Parenting Publications Awards competition for parenting Resources. Travels with Baby, by celebrated family travel author and blogger Shelly Rivoli, helps parents plan every trip they'll take with their child from birth through 4 years. In addition to the major modes of transport covered in great detail--air travel (50 pgs.), travels by automobile (40 pgs.), cruise vacations (31 pgs.), rail travel (53 pgs. Including USA, Canada & Europe)--this "Ultimate Guide" also includes advice for traveling with children of different temperaments, health and safety considerations, suggestions for where to travel when during a child's first years, packing lists and travel-friendly baby gear recommendations, and more. As the Society for American Travel Writers Foundation declared, this guide is "...a must have even for families who only travel occasionally." Long before they're able to talk, babies have a whole lot to say! Widen their world with this delightful modern classic—a must-have for growing families and a perfect baby shower or new-baby gift. With this adorable board book of essential signs, babies and toddlers can easily learn how to communicate their needs, wants, and feelings and even make basic observations with a simple gesture. Studies show that babies who use sign language feel less frustrated, throw fewer tantrums, and often learn to talk more easily. Just point to a sign in the book, say the word while making the sign, and the baby will soon be signing. Communicating a wet diaper or a hungry belly, asking for help or saying "all done" becomes as easy as waving hello or good-bye. And these are just a few of the thirteen signs inside this small and adorably illustrated board book, perfect for little hands and minds to grasp. The infant management concepts presented in this book have found favor with over two million parents and twice as many contented babies. On Becoming Babywise brings hope to the tired and bewildered parents looking for an alternative to sleepless nights and fussy babies. The Babywise Parent Directed Feeding concept has enough structure to bring security and order to your baby's world, yet enough flexibility to give mom freedom to respond to any need at any time. It teaches parents how to lovingly guide their baby's day rather than be guided or enslaved to the infant's unknown needs. The information contained within On Becoming Babywise is loaded with success. Comprehensive breast-feeding follow-up surveys spanning three countries, of mothers using the PDF method verify that as a result of the PDF concepts, 88% breast-feed, compared to the national average of only 54% (from the National Center for Health Statistics). Of these breast-feeding mothers, 80% of them breast-feed exclusively without a formula complement. And while 70% of our mothers are still breast-feeding after six months, the national average encourage to follow demand feeding without any guidelines is only 20%. The mean average time of breast-feeding for PDF moms is 33 1/2 weeks, well above the national average. Over 50% of PDF mothers extend their breast-feeding toward and well into the first year. Added to these statistics is another critical factor. The average breast-fed PDF baby sleeps continuously through night seven to eight hours between weeks seven and nine. Healthy sleep in infants is analogous to healthy growth and development. Find out for yourself why a world of parents and pediatricians utilize the concepts found in On Becoming Babywise. Share the joys of becoming a big brother!With the arrival of a new baby comes many transitions, and big brothers may need a little extra tender loving care to adjust to a new family situation. This sweet story with adorable toddler illustrations by Caroline Jayne Church is just right to share with and prepare an older brother getting ready for an expanding family. Learn to provide effective therapy for children and adolescents with Pediatric Skills for Occupational Therapy Assistants, 4th Edition. This market-leading text offers a comprehensive, application-focused guide to pediatric occupational therapy assisting by incorporating the AOTA Practice Framework. The text's focused and easy-to-use approach to pediatrics covers everything from the scope of practice

to in-depth coverage of normal development, pediatric health conditions, and treatment planning. This new edition has also been thoroughly updated and expanded to include new content and chapters on community systems, physical agent modalities, the Model of Human Occupation assessments, childhood obesity, documentation, neurodevelopmental treatment, and concepts of elongation. UNIQUE! Video clips on the Evolve companion website show pediatric clients involved in a variety of occupational therapy interventions to demonstrate how concepts apply to actual practice. UNIQUE! Clinical Pearls boxes highlight expert advice and tips from the authors and contributors. Case examples provide snapshots of real-life situations to show how key concepts apply to real-life situations. Evidence-based content incorporates clinical trials and outcome studies to demonstrate the evidentiary basis for OTA practice. Inclusion of cultural diversity and sensitivity issues familiarize readers with the diverse groups of people that OTAs treat in practice. Incorporation of prevention information demonstrates that the OTA's role goes beyond intervention and treatment. Family-centered perspective uses the terminology of the AOTA Practice Framework to focus on tailoring the OT approach to meet the needs of children within the context of their own environments. Review questions and summaries at the end of each chapter help readers assess and evaluate what they have learned. Suggested activities in each chapter help readers bridge the gap between the classroom and the clinic. Key terms, chapter outlines, and chapter objectives at the beginning of each chapter prepare readers for the information they're expected to learn from the chapter. User resources on Evolve companion site include a variety of activities to help reinforce the material in the text, including: video clips and review questions. NEW! Content on emerging areas of practice (such as community systems) broadens readers' awareness of where interventions for children can take place. NEW! Content on physical agent modalities (PAMS) outlines the theory and application of PAMS as used by OTAs with pediatric clients. NEW! Pediatric MOHO assessments that are now available in the chapter on Model of Human Occupation (MOHO) assessments describe how these assessments can help with intervention. NEW! Content on childhood obesity, documentation, neurodevelopmental treatment, and concepts of elongation have been added to keep readers abreast of the latest trends and problems.

You survived the twin pregnancy and have brought the twins home. Now the real adventure begins. This guide will walk you through the challenging and exciting aspects of raising twins. You can thrive as a father of twins even during the crazy early years with twins. In this book, you'll learn how to: \* Keep balance in your personal life with twins \* Juggle work and family life \* Feed your twins and get them on a schedule \* Get your twins to sleep through the night \* Keep your twins healthy and deal with inevitable sick kids \* Encourage individuality in your twins \* Teach your twins to be self-sufficient \* Keep your other kid(s) happy along the way \* Escape diapers and potty train your twins \* Travel with twins \* Create and capture memories with your twins

Joe's first book for fathers of twins, the "Dad's Guide to Twins," got you ready for your twins' arrival. This companion book continues the journey and helps you from the moment you get the twins home. It guides you through what to expect and how to handle those precious twins through the first couple of years. If you are expecting twins, have newborns, or are struggling through that first year (or more) with twins, this book is for you. You'll find tips and tricks to tackle each stage of your twins' development plus ideas to improve what you're already doing. This green guide takes a fun and cheeky approach to teach readers the ins-and-outs of how to navigate their way through the hemp culture, create their own medicinal herb garden, and integrate natural remedies into their lifestyle seamlessly! Author Barb Webb is no stranger to the world of sustainable living, gardening, and all things eco-friendly. With a plethora of experience with CBD and medicinal herbs, Webb is ready to share her secrets and tips on how to master the art of having a green thumb! Getting Baked dispels the myths. Readers will learn the right way to incorporate CBD, hemp, herbs, spices, and all-natural remedies into their current lifestyle, avoiding the stigma around it. Whether you are a beginner, or looking to switch things up in your garden, get ready for the ultimate cannabis companion guide! America's best-selling and best-loved guide to baby gear is back with an updated and revised edition! Yes, a baby book that actually answers the big question about having a baby: How am I going to afford all this? With the average cost of a baby topping \$7400 for just the first year alone, new parents need creative solutions and innovative ideas to navigate the consumer maze that confronts all parents-to-be. Baby Bargains is the answer! Inside, you'll discover: \* BEST BET PICKS for cribs, car seats, strollers, high chairs, diapers and more! \* CHEAT SHEETS for your baby registry--create a baby registry in minutes with our good, better, best ideas. \* SEVEN THINGS no one tells you about baby gear, from nursery furniture to feeding baby. \* THE TRUTH ABOUT STROLLERS--and which brands work best in the real world. \* Dozens of SAFETY TIPS to keep baby safe and affordably baby proof your home. \* DETAILED CHARTS that compare brands of cribs, high chairs, car seats and more. This new 12th edition adds the latest tips and advice on getting bargains on baby gear, including: Streamlined recommendations by parenting lifestyle, from a crib for space-challenged urban parents to an affordable car seat for Grandma's car. New recommendations for baby feeding, from baby food processors to storage ideas for home-made baby food. BUDGET-FRIENDLY picks for dozens of items, from high chairs to infant car seats. Expanded coverage of the price war on diapers--who's got the best deals now? Newly updated 2019-20 Edition We understand how precious your time is, so we made Baby Can Travel: Anywhere quick and easy to read. This new & improved "second child" edition shares the lessons we learned traveling with our second baby and his older toddler sister around the world. This book covers everything you need to know about traveling with a baby and toddler, from trip planning to making the most of your vacation, including: Improve Your Trip: \* Learn how to keep your baby happy and developing while on your vacation.\* See and do more on your vacation days with our many time saving tips. \* Anticipate the developmental stage of your 'future' baby to be prepared for their needs while on the trip.\* Tips on booking flights and accommodations best suited to your family's needs. Build Your Confidence: \* Relax and not fear the travel days. It's not as bad as everyone says!\* All you need to know about breastfeeding in public, eating out with a baby, etc.\* How to travel safely with your baby.\* Learn from us with honest and realistic accounts of our experiences.

Sweet Caroline Life hasn't always been so sweet for Caroline Sweeny. She's sacrificed her desires for others—unlike her mother who abandoned their family years ago. But when a friend challenges her to accept an exciting job adventure in Spain, Caroline says "yes" to a new destiny. But before she can pack her bags, Caroline suddenly finds herself the new owner of the run-down Frogmore Café—and forced to choose between her friends and her future. Then her first love, Mitch O'Neal, returns home and encourages her to seek God's desire for her future. With his help, she may discover the true sweet life.

Lost in NashVegas Last week, Robin McAfee stocked groceries in Freedom, Alabama. This week, she's living in Nashville, Tennessee, about to take the stage at the famous Bluebird Cafe. The only problem is she has stage fright after years of being ruled by fear and hiding from her dream. With the help of some new friends, including the handsome Lee Rivers, her dream may be on the verge of a breakthrough. Unless she does what comes naturally—look for the nearest exit and run!

Love Starts with Elle Elle loves her life in Beaufort, South Carolina—summer days on the sand bar, coastal bonfires, and dinners with friends, sharing a lifetime of memories. She's found her stride professionally as the owner of a successful art gallery. Life is good. And she's found love with handsome, confident Jeremiah Franklin. But Jeremiah has accepted a large pastorate in a different state, so Elle turns her life upside down to take "the call" with him. When Jeremiah has a change of heart, Elle is hurt—and her faith is shaken. New York lawyer and recent widower Heath McCord imagines the low-country cottage he's rented for the summer is the balm his grieving heart needs. That and time to connect with his little girl. He's unprepared to meet his beautiful landlord, Elle Garvy, or the love her friendship awakens. But God has new blessings in store for the two grieving hearts. Discover the Jerusalem's Undead trilogy in this 3-in-1 eBook bundle from author Eric Wilson. The suicide of Judas Iscariot in AD 30 left his blood seeping into the soil of the Field of Blood, in Aramaic the Akeldama. This tainted blood caused a counterfeit resurrection of the dead—the Collectors, who seek to corrupt and destroy. When Jesus was resurrected, ancient scripture says many rose from the grave. Today, 36 from this group of undead remain—the Nistarim, who are here to watch over the world and protect against the Collectors. Field of Blood follows Gina Lazarescu, a Romanian girl with a scarred past who has no idea she is being sought by these undead. Gina realizes her future will depend on her understanding of the past, yet how can she protect herself from Collectors who have already died once but still live? Gina's journey continues in Haunt of Jackals. The Nistarim and the Collectors are after a single target—a boy named Pavel who may possess the key to the Collectors' unlimited power . . . or ultimate downfall. Gina has survived one battle with the undead already and is determined to protect Pavel at all costs. But she has no idea how long she can stay a step ahead of the Collectors. In the final installment of the Jerusalem's Undead Trilogy—Valley of Bones—readers will witness an epic showdown of a battle between good and evil that started with the suicide of Judas Iscariot. Gina Lazarescu's life has been on a collision course with the Akeldama Collectors. She knows she can't defeat them on her own, though, and that it will take the combined efforts of all Those Who Resist for this living evil to be stopped. Earth Day celebrates our beautiful planet and calls us to act on its behalf. Some

people spend the day planting flowers or trees. Others organize neighborhood clean-ups, go on nature walks, or make recycled crafts. Readers will discover how a shared holiday can have multiple traditions and be celebrated in all sorts of ways. Three of Dr. Robert Lesslie's popular books of inspiring true stories are now gathered into one ebook set for the first time ever! In *Angels and Heroes*, *Angels in the ER*, and *Angels on Call*, Dr. Lesslie shares moving accounts of remarkable people and incidents from his 25 years as an ER doctor. During this rich history he has witnessed many amazing moments of people exhibiting the grace and strength of angels in the face of danger every day. In this uplifting set of books, readers will be inspired by the human connections and divine moments in: breathtaking stories from the front lines of the police firefighters' extraordinary adventures poignant tales from the men and women of EMS ER patients who choose life despite difficult circumstances people who embrace hope—for themselves and others These fascinating true stories will encourage readers to appreciate those who serve others—and to watch for those moments when they too can turn emergencies into opportunities and trials into demonstrations of God's grace. The Hello Genius series is sure to capture the heart of the youngest learner. These fun, cheerful read-alouds help guide a child's first steps in learning and growing." Bestselling author, entrepreneur, speaker, and life and business coach Romi Neustadt has a message for women: You CAN have it all—just not at the same damn time. Romi Neustadt is a mom of two, a wife, a daughter, bestselling author, speaker, entrepreneur, and coach. What's more, she's achieved these things without a staff of 10, the ability to sleep two hours a night or driving herself batsh\*t crazy. She's figured out the key to having it all: Priorities, babe. In her second book, Romi provides a no-BS blueprint for women to figure out what to focus on and what not to. She explains why saying YES to everything and everyone really means saying NO to the things that matter -- to your goals, your dreams, and your true self. The key to achieving your wildest dreams isn't to downsize them. It's to embrace them more fully, and discard everything that isn't serving them. This book will teach you how to: Zone in on what really matters to you, so you can ditch everything that isn't serving your dreams. Recognize and embrace your true worth as a provider, partner, and all-around kickass human. Say no to the millionth request from your kid's school for home-baked goods--without experiencing mom guilt. Establish boundaries that stick with coworkers, friends, and family. Ditch toxic relationships and the soul-sucking drama that accompanies them. Stop feeling like an imposter in your own life. Create habits that protect your time and energy. Kick fear (of not being lovable, pretty, or good enough) to the curb once and for all. Written in the same down-to-earth, accessible style that made her first book, *Get Over Your Damn Self*, a beloved bestseller, this book is for every woman who wants to live a fulfilled, authentic life without feeling stressed and exhausted. Romi is living proof that it's possible, and you will be too. The international super-successful What to Expect brand has delivered again - announcing the arrival of a brand-new member of family: *What to Expect the Second Year*. This essential sequel to *What to Expect the First Year* picks up the action at baby's first birthday, and takes parents through what can only be called 'the wonder year' - 12 jam-packed (and jam-smear) months of memorable milestones (from first steps to first words, first scribbles to first friends), lightning-speed learning, endless explorations driven by insatiable curiosity. Not to mention a year of challenges, both for toddlers and the parents who love them, but don't always love their behaviour (picky eating, negativity, separation anxiety, bedtime battles, biting, and tantrums). Comprehensive, reassuring, empathetic, realistic and practical, *What to Expect the Second Year* is filled with solutions, strategies, and plenty of parental pep talks. It helps parents decode the fascinating, complicated, sometimes maddening, always adorable little person last year's baby has become. From the first birthday to the second, this must-have book covers everything parents need to know in an easy-to-access, topic-by-topic format, with chapters on growth, feeding, sleeping, behaviours of every conceivable kind, discipline (including teaching right from wrong), and keeping a toddler healthy and safe as he or she takes on the world. There's a developmental time line of the second year plus special 'milestone' boxes throughout that help parents keep track of their toddler's development. Thinking of travelling with tot in tow? There's a chapter for that, too. Start small for big results with this inspiring guide to lifelong wellness—from popular health blogger and author of *Operation Beautiful*. In *Healthy Tipping Point*, Caitlin Boyle shares the down-to-earth philosophy and authoritative advice that has made her websites so popular. Believing that reaching a tipping point means much more than tipping the scales, Boyle helps readers find their personal ideal balance in food, fitness, love, and life, in a breakthrough program organized around three shifts: • **Get Real:** Challenge negative-thought patterns to create space for success • **Eat Clean:** Ditch conventional "diet" advice and follow a simple eating plan tailored to keep energy high, while helping the environment—including forty-five delicious vegetarian recipes for foodies on the go • **Embrace Strength:** Commit to a high-powered fitness program designed to help one learn to love exercise and build a strong, lean body—with targeted guidance for novice runners, bikers, swimmers, and others Featuring twenty inspiring success stories and photos of people who have transformed their lives, the book proves that a healthy body is absolutely attainable. Healthy living and a healthy self-image go hand in hand. For anyone who struggles to get fit, *Healthy Tipping Point* provides the drive to thrive. America's bestselling and best-loved guide to baby gear is back with an updated and revised edition containing the latest tips and advice on getting bargains on such baby gear as cribs, car seats, strollers, high chairs, and more. Full color. "My Little Loves" is a short narrative about the author's pets, mostly felines, and how she and they loved and lived. The author nursed them through sicknesses, and grieved deeply when Harley just would not accept her as his Human. She panicked when Sheba got out of the house, and rejoiced when he was reunited with her. Her love of cats blossomed from a very young age and has only grown over time. *My Little Loves* is a heart-warming story for all animal lovers, especially those who have been chosen and are owned by their cats. Note, *Pearl and Covenant Child* is authored by Angela Hunt and bundled into a 3-in-1 collection. When you find out that you are expecting twins, you are in total shock. Your mind races with a million questions and you start to stress out about what to do to get ready. This guide will help you be prepared and ready to tackle life the next several months without having to wade through a lengthy book you don't have time to read. On *Becoming PreToddlerwise* continue picks up where *Babywise II* left off. During the next 180 days (12-18 months of age) the newly emerging walking, talking, explor-ing child begins a developmental metamorphosis from baby-hood to toddlerhood. This means the challenges successfully accomplished a few months ago give way to new abilities and challenges as your pretoddler's mind and world expands exponentially. As mealtime and waketime activities become more complex, parenting strategies will have to adjust to properly accommodate your child's expanding world of discovery. On *Becoming Pretoddlerwise* was written to prepare parents for the hectic, fast moving, exciting and fatiguing toddler years. *Lonestar Sanctuary* Though tragedy has wrecked her life, Allie Siders holds on to the hope that her five-year-old daughter, Betsy, will speak again. But with a stalker out for revenge, all Allie can think about now is their safety. She must sever all ties and abandon life as she knows it. She heads to the peaceful Bluebird Ranch, nestled deep in Texas hill country, and to the only person who can help them. The ranch is a sanctuary for abused horses, and also for troubled youths: the perfect place for Betsy to grow and recover. Ranch owner Elijah DeAngelo eagerly welcomes the duo. But Rick Bailey—the ranch foreman and DeAngelo's right hand man—hasn't decided to let his guard down . . . yet. Promises made long ago soon force Rick and Allie to work together to escape danger. Will they discover love along the way? *Lonestar Secrets* Five years ago, Shannon Astor left the beautiful high-mountain country of West Texas as a single mother. She was desperate for a fresh start . . . and a way to keep the secrets of her past buried. It almost worked. Until a chance to make a better life for her daughter leads her right back home—to the very place of the past betrayals. But it also leads Shannon to horse-trainer Jack MacGowan—her handsome high-school nemesis, now a widowed father. His daughter looks so startlingly like her own that Shannon can't help but question the circumstances surrounding her daughter's birth. Wary of each other's intentions, Shannon and Jack reluctantly join forces to untangle a deep mystery that swirls around Shannon's parents, a lost Spanish treasure, and a legendary black stallion. *Lonestar Homecoming* With nothing but five dollars and the wedding dress she's wearing, Gracie Lister flees with her daughter by train to West Texas, to the town she ran away from so long ago. There they find refuge in the home of Michael Wayne—devoted single father and seasoned soldier—who gives Gracie a job caring for his two children and the hiding place she needs from her former fiancé. Michael and Gracie aren't looking for love, but it finds them right away. And then trouble comes to call in the form of Gracie's ex-fiancé who is now on the FBI's most-wanted list. Together, Michael and Gracie must find the strength they need to protect their newly forged family. *Ready to Go! Toilet Time* includes an easy-to-follow parent guide written by child psychologist Dr Janet Hall, with helpful ideas and training methods, plus a children's reward chart with stickers. It also contains a beautifully illustrated simple toilet-training storybook that children will enjoy reading as they learn the important developmental skill of toilet training. From a digger to a dump truck, a fuel truck to a fire engine, this is a colorful collection for all little fans of big trucks. The black outline illustrations have card flaps to lift which reveal

what's going on inside the trucks, and the simple text explains each one's special job. A grandpa has lots of special wishes for his new grandchild. Most of all, he wishes to share moments and make memories together. A perfect gift for a grandparent shower, Father's Day or birthday. A wonderful keepsake from grandfather to grandchild. Cozy and adorable badgers are used in place of people, to be any race, gender, or age. Collect all the books in the Love You Always series from Cottage Door Press. 10 board pages are just right for even the littlest "readers" Grandpa wishes for a creative, adventurous, and thoughtful life for his grandbaby The message of unconditional love is revealed in colorful, engaging illustrations Soft rhyming text is easy to read aloud A keepsake for generations

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