

Read Free Satisfied Discovering Contentment In A World Of Consumption Jeff Manion Pdf For Free

Satisfied The Little Book of Contentment This Book Won't Make You Happy Chasing Contentment Contentment Numbers - Women's Bible Study Participant Workbook Satisfied Study Guide The Year of Living Happy Contentment: Healing the Hunger of Our Hearts Enough The Envy of Eve Rare Jewel of Christian Contentment If Only The Power of Christian Contentment Looking for Contentment in All the Wrong Places Less Stress, More Peace Liking Jesus Finding Contentment in a Disappointing World Contentment Finding Contentment (Women of the Word Bible Study Series) Unsatisfied Contentment in Chaos When the Clouds Roll in Satisfied Bible Study Guide Art of Divine Contentment Finding Contentment Why We Are Restless The Secret of Contentment Where Are You? Contentment An infallible way to contentment, in the mid'st of publick or personal calamities. With particular encouragements against the fear of fire and poverty, evil tidings, and death it self. The fourth edition revised ... and thereto added a second part, entituled The peace and joy of the soul procured and preserved. [By Abednego Seller.] The Power of Christian Contentment Numbers The Art of Divine Contentment: In Modern English There Is a Season Finding Contentment in a World of

Discontent The Secret of Contentment Unsatisfied I'm Happy for You (Sort Of...Not Really) Contentment

I'll be happy after: the promotion... the new house... the next vacation... a different car... you fill in the blank. Why is a contented, satisfied life so evasive? What deep hungers drive the out of control accumulation, reckless purchasing habits, and crazy consumer lifestyle for so many of us? And why are we often driven more by what our neighbors own than what will truly make us happy? Filmed at biblically significant historical sites in Turkey and Greece and in the United States, this six-session, video-based Bible study provides an inspiring and transformative vision for living a deeply contented life in the midst of our consumer-driven, materialistic, and often shallow culture. Pastor Jeff Manion weaves masterful contemporary storytelling with rich biblical, historical, and cultural background, revealing the similarities between the struggles of today's culture with that of the New Testament churches. Satisfied explores the way in which the messages to the New Testament churches were received by the original readers and how these passages can alter the way we view wealth, accumulation, and ultimate contentment today. This study guide contains video notes, individual or group reflection questions, and between-session personal projects enhancing your journey through each of the video sessions, taught by Jeff Manion. Sessions include: The School of Contentment Comparison Identity Shift The Challenge of Affluence The Generous Heart The Invitation Designed for use with the Satisfied: A DVD Study 9780310694557 (sold separately). The aim of this book is not to persuade everyone that they should give up their present jobs and offer themselves as workers to churches, but we should all be asking ourselves this question: 'What is it that I could do that would most bring glory to God through the spread of the gospel?' Is it possible to be content when life is

painful and disappointing? The Art of Divine Contentment considers the implications of the Apostle Paul's claim that he had learned to be content in any situation (Phil 4:11). Our discontent is sinful when we murmur against God and accuse Him of injustice or cruelty. But by frequently beholding God's sovereignty, love, and grace, we can learn to be more content in all circumstances. Thomas Watson (1620-1686) was an English Puritan preacher and author. Watson originally published The Art of Divine Contentment around 1660. The source text for this edition is from an 1829 printing by L. B. Seeley and Sons in London. This book is a complete sentence-by-sentence modern update of Watson's original text. Updates include: New descriptive chapter and section headings. Modern English sentence structure. Modern English vocabulary. Added paragraph breaks for topic transitions. English Standard Version (ESV) scripture references. Full scripture quotations and annotations in footnotes. Active table of contents. Life doesn't always go the way we hope it will. Whether it's singleness, childlessness or some other big disappointment, it's hard to be content when life lets us down. Author Jennie Pollock knows what it's like to feel discontent. With warmth and honesty, she answers common doubts that arise when life doesn't go the way we had hoped: Is God good? Is he enough? Is he worth it? She walks readers through the process of taking our eyes off the things we wish we had and instead enjoying the character of the God we do have—a God who is good, who meets all our needs, and whose promises are worth the wait. Drawing on encouragements from the Bible and the stories of others, this book helps readers to trust in God's plan for their lives and enjoy true contentment through a genuine conviction that Jesus is better than even our most keenly-felt hopes and longings for this life. "No one seems to be happy with the present. That loathing of the present is understandable. The present moment, in modern life, is hard to love, or even to grasp. For the modern present is a state of constant motion. Perpetual moral,

social, and psychic revolution is the price we pay for our unprecedented liberty, equality, and prosperity. Though we rightly prize those great political goods, having our world turned upside down every morning makes us all of us uneasy and some of us miserable. We exacerbate our unease by our failure to recognize it. With our ritual insistence that we are perfectly content to "go with the flow," we deny even the existence of our disquiet. We refuse to see what time it is, and we refuse to see ourselves"-- This On-the-Go Devotional assures women that contentment is not some fleeting ideal but a reality that God enables them to live out daily. Any woman who buys into the lie of "You can have it all" or who thinks she can only be happy "if..." experiences an abiding frustration: what she wants remains just out of reach, always. No matter how good she has it, no matter how good the good times may get, there's always something missing. And ultimately, she misses out on happiness too. But God desires something far better and more lasting for his daughters. And he's delivered the secret in his Word, assuring women that real satisfaction is found in living for and longing for the right things. Those truths and promises are at the heart of this On-the-Go Devotional for women. Each lesson in Contentment is conveniently self-contained and comes complete with Scripture and a paragraph or two of teaching to direct women away from fleeting distractions and toward a true, enduring satisfaction. On-the-Go Devotionals "Skillful devotionals for those who face the challenge to 'fit it all in.' Biblically rigorous and deeply perceptive. Godly insights from a godly sister." Elyse Fitzpatrick, author of *Because He Loves Me: How Christ Transforms Our Daily Life* "A ready resource for keeping our thinking focused on God himself. The devotionals helped me understand my fear or discontent and our Heavenly Father's provision." Barbara Hughes, author of *Disciplines of a Godly Woman* and, with her husband, *Disciplines of a Godly Family* "Lydia Brownback calls Christian women to lift their eyes upward and find security, rest, and peace in a sovereign God whose

promises never fail!" Nancy Leigh DeMoss, author and Revive Our Hearts radio host Learn to find contentment in an unhappy world. In *Unsatisfied: Finding Contentment in a Discontented World*, Ann C. Sullivan sorts through the reasons for our frustrations - Drama, Judgement, Fear, and Comparison - and leads readers on a path to genuine contentment through Hope, Purpose, and Fulfillment. *Unsatisfied* dares readers to believe that God is closer than you think, sorts through the reasons for unhappiness and frustrations, helps define fulfillment, and leads readers to find genuine contentment. *Unsatisfied*: • Unravels our cultural definition of fulfillment. • Identifies the empty spaces the comparison game leaves behind. • Connects the dots that lead to genuine contentment. "In *Unsatisfied: Finding Contentment in a Discontented World*, Ann C. Sullivan accomplishes something I wish could be taught yet fear that it can't: She writes an in-your-face book about a deeply difficult subject, yet she avoids preaching. Rather, Ann takes a come-alongside approach and shares her life, warts and all, revealing what she's learned and how she's grown—allowing us to apply the morals and principles for ourselves. It's a work of art." Jerry B. Jenkins Novelist & Biographer | The Jerry Jenkins Writers Guild "With refreshing humor and insight, Ann skillfully weaves together the current issues of life and the timeless principles of scripture. She points to all the things we should be grateful for and the disappointments that keep us from celebrating. If you're ready for an honest look at our struggle and the practical solutions that are available, you'll want to pick up Ann C. Sullivan's book, *Unsatisfied*." Leslie Strobel Co-author of *Spiritual Mismatch* Happiness is fleeting. And what if you don't even need it to live a life of peace and purpose? Therapist Niro Feliciano says contentment is a deeper, more satisfying state of living, and something we can all achieve through eight research-based postures for cultivating balance and calm. *Simple Gifts of Contentment* The forces of modern life urge us to achieve and acquire more, pushing us

outward in our quest for contentment. World-renowned Jungian analyst Robert A. Johnson and psychotherapist Jerry M. Ruhl guide us inward, to a deep understanding of true, lasting happiness. Instead of relegating joy and satisfaction to another time, a different place, a better circumstance ("just as soon as I finish this project / land that perfect job / find a new relationship"), Johnson and Ruhl encourage us to negotiate and embrace "what is." Instructive and wise, this gentle guide contains all the tools we need—including illustrative stories, myths, poems, and practical exercises—to seize true contentment in the here and now. Discover freedom, authenticity, and joy when you stop letting competition and jealousy hijack your life. Do you find yourself measuring your value against your friend's house, body, marriage, resume, paycheck, organic garden, or Pinterest-worthy holiday décor, and coming up lacking? Do your college roommate's Instagram snapshots bear little resemblance to the scene at your house this morning? Excessive comparison and competition sap our energy and steal our joy. Our friends become our audience and judges, and our kids become part of our brand. Add social media's constant invitation to post and peruse, and it's no wonder that we're left exhausted, discontent, and lonely. Thankfully, there is another way! With refreshing candor and humor, Kay Wyma shares her experiences with comparison living and offers readers the simple remedies that helped her and her family reboot their perspective and discover freedom, authenticity, and joy. It may surprise modern Christians that our current problems with discontentedness are anything but new. In 1643, Puritan pastor Jeremiah Burroughs wrote a work titled "The Rare Jewel of Christian Contentment" that has as much resonance in our day as it did in his. Now pastor and author Andrew M. Davis helps contemporary Christians rediscover the remarkable truths found in this largely forgotten work. With powerful new illustrations and a keen sense of all that makes modern Christians restless, Davis challenges readers to confront the sources

of discontent in their lives and embrace Paul's teaching on contentment in all circumstances. He gives special attention to maintaining contentment through poverty and prosperity, as well as in our marriages, and offers tips on teaching children how to be content in an age of smartphones and social media. *The Counter-Cultural Move from Accumulation to Abundance* Why is it so hard to find the contented, satisfied life? What deep hungers drive our purchasing habits, accumulation, and consumer lifestyle? Satisfied is for those drowning in debt, but also those getting farther and farther ahead financially. It is for those who have forgotten who they are and mistakenly equate their self-worth with their net worth. It is for those who are crippled by comparison. It is for those with full closets and empty souls. Satisfied provides an inspiring and transformative vision for living a deeply contented life in our consumer-driven culture. "Jeff Manion's voice is such a wise, clear, helpful voice, and I'm so thankful for the timely and challenging invitation he's issued in these pages. I'm inspired to live more richly with fewer things, and to pursue gratitude and generosity with more intention." - Shauna Niequist, author of *Bread and Wine* When Eve was in the garden she was content - until she took her eyes off the many blessings God had given her - a beautiful home, a loving husband, and a caring heavenly Father. Her contentment vanished only after she focused on the one thing she was not supposed to have. How often do we do this? Despite the many blessings that God gives, we look around for things we don't (or maybeshouldn't) have. What happens then? We grow dissatisfied with the blessings we do have. What makes you discontent? If you set your eyes only on Jesus, could you be truly content? *Searching for Contentment* explores what God's word reveals about the things that cause us to be discontented, and focuses on how we can learn to be content with the joy and blessings He offers in Christ. 2020 forced us all to slow down. To spend time indoors with those we care about the most. To reflect on life and shave away the frivolous

distractions that keep us from our true desires. This book is for those who struggle to find contentment among the chaos surrounding their lives. Contentment is a superpower, it flies in the face of our evolutionary wiring which programs us to gather more, want more, desire more. Because the more we have, our DNA says, the greater chance of survival we have. Contentment says the opposite: I have enough. Let me enjoy this in peace. In 23 curated essays, author Declan Wilson shares the lessons he's learned from a tumultuous, yet life-changing, year that have allowed him to set aside ambition and instead find happiness in the simple things. It may surprise modern Christians that our current problems with discontentedness are anything but new. In 1643, Puritan pastor Jeremiah Burroughs wrote a work titled "The Rare Jewel of Christian Contentment" that has as much resonance in our day as it did in his. Now pastor and author Andrew M. Davis helps contemporary Christians rediscover the remarkable truths found in this largely forgotten work. With powerful new illustrations and a keen sense of all that makes modern Christians restless, Davis challenges readers to confront the sources of discontent in their lives and embrace Paul's teaching on contentment in all circumstances. He gives special attention to maintaining contentment through poverty and prosperity, as well as in our marriages, and offers tips on teaching children how to be content in an age of smartphones and social media. I'll be happy after: the promotion... the new house... the next vacation... a different car... you fill in the blank. Why is a contented, satisfied life so evasive? What deep hungers drive the out of control accumulation, reckless purchasing habits, and crazy consumer lifestyle for so many of us? And why are we often driven more by what our neighbors own than what will truly make us happy? Filmed at biblically significant historical sites in Turkey and Greece and in the United States, this six-session, video-based Bible study provides an inspiring and transformative vision for living a deeply contented life in the midst of our consumer-

driven, materialistic, and often shallow culture. Pastor Jeff Manion weaves masterful contemporary storytelling with rich biblical, historical, and cultural background, revealing the similarities between the struggles of today's culture with that of the New Testament churches. Satisfied explores the way in which the messages to the New Testament churches were received by the original readers and how these passages can alter the way we view wealth, accumulation, and ultimate contentment today. This study guide contains video notes, individual or group reflection questions, and between-session personal projects enhancing your journey through each of the video sessions, taught by Jeff Manion. Sessions include: The School of Contentment Comparison Identity Shift The Challenge of Affluence The Generous Heart The Invitation Designed for use with the Satisfied: A DVD Study 9780310694557 (sold separately). Many women--even Christians!--are dissatisfied with their lives. They are strangers to the rich, contented life that Jesus promised to His followers. Through this Women of the Word Bible study, women will discover that the secret to peace and contentment is knowing and living with Jesus Christ. Finding Contentment introduces readers to the apostle Paul's life and his letter to the Philippian church--both demonstrate the everyday joy that does not depend on circumstances but on an intimate friendship with the Lord. Eight sessions of Bible study offer such faith-building challenges as "Trust in Jesus," "Overcome Worry," "Forget the Past," and "Set Proper Priorities." Readers will get to know Paul and the challenges he faced, dig into the teachings of Scripture about inner peace, and reflect on their own struggles with living contentedly. Each session wraps up with action steps for applying to their everyday lives what readers learn from God's Word. Plus a brand-new Leader's Guide is included to facilitate vibrant small-group discussion. "Man is born unto trouble, as the sparks fly upward;" therefore we all need to learn the same lesson as Paul. "I have learned," he said "in whatsoever state I am, therewith to be content," Philippians 4. 11.

Believers, especially, wish to attain to a holy equanimity in their tribulations and under the stresses caused by our increasingly secular society. In this volume we have a full exposition, by the Puritan, Thomas Watson, of the above verse of Scripture, originally preached during his ministry as rector of St Stephen's, Wallbrook, London Puritan preachers, having an eye to the practice of their hearers, built their heart-searching application of the truth upon sound biblical doctrine. This characteristic is evident in *The Art of Divine Contentment*; as is also the fact that Watson was the "master of a terse, vigorous style and of a beauty of expression Do you find yourself comparing your lives to the lives of others? Comparison is the thief of joy. In a world full of social media, it is very easy to get caught up in feeling like your life doesn't measure up to the lives of those around you. What we forget to realize, is that what we see online is the "highlight" reel for the lives of others. This book focuses on giving the reader practical tips for enjoying and appreciating your own journey. Stop the comparison madness and begin to truly appreciate the life you have. The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the printing press. In its determination to preserve the century of revolution, Gale initiated a revolution of its own: digitization of epic proportions to preserve these invaluable works in the largest archive of its kind. Now for the first time these high-quality digital copies of original 18th century manuscripts are available in print, making them highly accessible to libraries, undergraduate students, and independent scholars. The Age of Enlightenment profoundly enriched religious and philosophical understanding and continues to influence present-day thinking. Works collected here include masterpieces by David Hume, Immanuel Kant, and Jean-Jacques Rousseau, as well as religious sermons and moral debates on the issues of the day, such as the slave trade. The Age of Reason saw conflict between Protestantism and Catholicism transformed into one between

faith and logic -- a debate that continues in the twenty-first century. ++++ The below data was compiled from various identification fields in the bibliographic record of this title. This data is provided as an additional tool in helping to insure edition identification: ++++ Library of Congress W021655 Boston: Printed for Benj. Gray no. 2. at the head of the town-dock, 1731. 2],34p.; 12 Have you been experiencing the cloud of doom more times than you would like in your life? Does it seem that the clouds get heavier and heavier until they engulf you and you don't know how to make them go away? This book has been written to help women overcome the obstacles that cloud out their vision of what God has for them. it covers four areas that are stumbling blocks for women: unforgiveness, taking offense, the need to control, and devaluing ourselves. Use this book if you are looking to transform your life to a level of unexpected abundance of what God has for you. It can also be used as a group study, for women looking to bring about positive change in their lives. God wants you to have fullness of Him and a life that is filled with overwhelming joy. We should be experiencing him in our lives everyday. When those storm clouds start rolling in, it can be hard to see the goodness that God has for us. This study is meant to remove those clouds and allow you to find contentment in the midst of the storm. Recovering the Lost Art of Contentment The biblical practice of contentment can seem like a lost art—something reserved for spiritual giants but out of reach for the rest of us. In our discontented age—characterized by impatience, overspending, grumbling, and unhappiness—it’s hard to imagine what true contentment actually looks (and feels) like. But even the apostle Paul said that he learned to be content in any and every circumstance. Paul’s remarkable contentment was something grown and developed over time. In Chasing Contentment, Erik Raymond helps us understand what biblical contentment is—the inward gracious spirit that joyfully rests in God’s providence—and then how we learn it. Giving us practical guidance

for growing in contentment in various areas of our lives, this book will encourage us to see contentment as a priority for all believers. By God's grace, it is possible to pursue the high calling of contentment and anchor our joy in God himself rather than our changing circumstances. Say no to the desire for bigger, better, faster. How much is enough? In an age of conspicuous consumption-of designer sunglasses, jeweled cell phones, and five-thousand-square-foot homes-is it possible to be content? In a society where children spend more time worrying about their weight than their grades, is it possible to find peace? In a world being drained of its natural resources, is it conceivable that we do nothing? And with a universe of dazzling temptation at our fingertips, will we still seek the God of all creation? Will Samson is good at opening thoughtful dialogue; a recent conversation was about social justice. In *Enough*, his latest wide-ranging, insightful book, Will addresses the idea of finding contentment in this age of excess. With a casual, accessible writing style, he discusses consumerism, contentment as a Christian discipline, and the notion of stewarding our resources. In four sections, Will outlines the ideas that drive a consumeristic mindset; the effects those ideas have on ourselves, our communities, and the earth; conclusions about the situation; and practical solutions for negotiating everyday life once we understand that our abundant God is, in fact, enough. If you're exhausted from keeping up with the Joneses, or if you're looking for the balance between what is necessary and what is too much, just stop. *Enough is enough*. *Where Are You* is a heartfelt guide on how to live a life pleasing to the Lord, even in the midst of a terrible trial. This book helps all types of people as they journey through the mundane bumps of life and through tragic messes life can turn into. Finding a purpose in the Lord; living in victory, allowing Christ to lead you in the right direction in a relationship; learning that even when you're broken, you can be beautiful; and finishing this life well are all the essentials in living a prosperous Christian life. Stop allowing the

enemy a foothold into your mind. He loves nothing more than to stop you in your tracks as you war this stressful journey called life. Be strong in your faith, and allow God to permeate your life in every aspect. I pray this book finds you well in whatever state you are in today. May Christ reign supreme over your life and guide you in all of your ways. The key to overcoming covetousness and discontentment is to get to the root of our problem: mistrust of God's sovereignty and goodness. An ideal resource for deeper study and discussion. Take a daily step toward joy and contentment and ditch stress, overwhelming thoughts, and boredom with encouraging and biblical messages from Alli Worthington. You do your best to live life well—you work hard to be present in the moment, take care of the people in your life, knock it out of the park at work and home. And yet, somehow, you still have days (perhaps more than you'd like to admit) where you're simultaneously stressed and bored, and you wonder if you even know how to be happy. Is happiness a worthy goal? Does happiness matter to God, or does He only care about holier things? Alli Worthington gets it. As a wife, mother of five boys, author, speaker, and entrepreneur, she knows a thing or two about being busy, stressed, and happy in the midst of a crazy world! Over the years, she's seen how happiness gets a bad rap in Christian circles, and now she is standing up to shout the good news from the roof (or the internet, as the case may be): You are allowed to be happy! Yes, you! You can be happy right now! Join Alli for *The Year of Living Happy: Finding Contentment and Connection in a Crazy World*, and find the roots of your happiest life yet. Each of the 100 short and inspirational entries includes a thoughtful message from Alli, based on God's Word practical ways to make your life happier day by day a journaling section This gorgeous book is an empowering gift for yourself or any woman you love. It can be used as a daily devotional or as a guided journal. Be part of this exciting message: Happiness and holiness can coexist for a beautiful life. Don't miss the great big adventure God has

for you. Let this be The Year of Living Happy! Despite the inevitability of stressful circumstances such as change, disappointment and rejection, there is a way to experience contentment and peace. *Less Stress, More Peace* is based on the indisputable assurance that there is a God-given handle for easing, regulating and rising above the daily stresses of life. In a world that honors outward achievement, tells people they'll never have enough, and encourages an impossibly busy life, peace and contentment can feel like a distant dream. But Dr. Richard Swenson, the best-selling author of *Margin*, shows that it really is possible. We can experience the contentment we long for—the peace, the fulfillment, the joy. But it is found in only one place: in Christ. Come along on a journey of discovery and uncover the simple truths and practices that inspire a truly contented life. In *Liking Jesus*, a timely and life-changing book, New York Times bestselling author and pastor of Life.Church Craig Groeschel helps put Christ first again in today's maxed out, selfie-centered world. The more you compare, the less satisfied you are. The more we interact online, the more we crave intimacy. The more filtered our lives become, the harder it is to be real. It's time to refresh and rediscover what it means to be "like Jesus" and find true authenticity, a healthy self-image, and compassion for others in an age when we relate to each other so differently than ever before. Groeschel taps into some of the most leading-edge studies on the effects of social media on our emotions and friendships. He offers real-life examples of how we struggle with screens and likes, how these things mask our struggles with who we really are, and how we can reclaim a Christ-centered life. Packed with helpful topics like the "10 Commandments of Using Social Media to Strengthen Your Faith" and "Creating Safeguards for Your Digital Devices," readers from ages sixteen to sixty will find *Liking Jesus* to be just the guide to bring balance and real-world engagement to everyday life. From a fifth-generation preacher and pastor and acclaimed author of *Finding The Lost Art of Empathy* comes a

moving and inspirational exploration of the true meaning of contentment and how we can incorporate it into our lives. Through her own personal experiences and years of focused Bible study, Tracy Wilde investigates one of the greatest mysteries of modern Christian life: contentment. She reveals that contentment differs from happiness, and is not something you can implement in a day—it takes time, practice, and an awareness of the draining distractions that rob us of joy, satisfaction, gratitude, and trust. In this book, Tracy explores the life of Paul the Apostle to show how we can live a life of fulfillment no matter the circumstances. Using the Biblical book of Philippians, Tracy presents contentment as a crucial practice for all followers of Jesus. She distinguishes the differences between happiness (shallow and short term) and contentment (deep and lasting), examines our tendency toward entitlement, and acknowledges the fear and anxiety when life gets tough. With her lyrical prose, profound insight, and “heart for people” (Lisa Bevere, New York Times bestselling author), Tracy offers encouragement and confidence as she helps you learn the secret of contentment and helps you focus on all that is good and true and beautiful so you can see your life anew. In this me-first, get-rich-quick world we live in, Dr. Warren has discovered that given the choice of being happy, rich or content, a vast majority of people would choose to be content. He goes on to explain that finding true contentment lies in knowing who you are and your willingness to be that person. Contentment is a super power. If you can learn the skills of contentment, your life will be better in so many ways: You’ll enjoy your life more. Your relationship will be stronger. You’ll be better at meeting people. You’ll be healthier, and good at forming healthy habits. You’ll like and trust yourself more. You’ll be jealous less. You’ll be less angry and more at peace. You’ll be happier with your body. You’ll be happier no matter what you’re doing or who you’re with. Those are a lot of benefits, from one small bundle of skills. Putting some time in

learning the skills of contentment is worth the effort and will pay off for the rest of your life. Something in us aches for more—more hope, more joy, more freedom. All around us people are dancing to the steps of bigger, better, and faster, and we can easily join in without even realizing it. Before long complaining and comparing accompany our desire for more, yet we're not any closer to filling the ache inside. God offers us another way. In this study of the Book of Numbers, we'll find a group of people that wandered in the desert for forty years, unable to enter the Promised Land because of their complaining, grumbling, and lack of faith. The New Testament tells us that their story was written to warn us (1 Corinthians 10:6) so that we would not make the same mistakes and suffer the same consequences. God sent his only Son to die to buy our freedom from the sin that leads to discontentment, and we find our own promised land of peace and contentment in the life he gives us. By exploring Numbers we can come to identify the reasons for our complaining, learn contentment while being authentic about the difficulties of life, accept short-term hardship in light of the greater good of God's ultimate deliverance, recognize the relationship between complaining and worry, and discover how to realign with God's character and promises. Together we will learn contentment as we discover more of our incredible God who truly is more than enough. Only God can fill that ache inside and help us focus on his provision and purpose in the midst of life's joys and pains. The participant workbook includes five days of lessons for each week, combining study of Scripture with personal reflection, application, and prayer. Other components for the Bible study, available separately, include a Leader Guide, DVD with six 20-25 minute sessions, and boxed Leader Kit (an all-inclusive box containing one copy of each of the Bible study's components).

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